

BELLA ITALIA ALLERGY MENU		Please inform your server before ordering, of any specific dietary requirements that you may have. All our dishes are prepared and cooked in kitchens where allergen ingredients (e.g. nuts, flour, etc.) are commonly used, and we therefore cannot guarantee our dishes will be free from traces of these products. Allergen information will be kept up to date and should be checked each time you visit, as we may update recipes from time to time.													
APRIL 2021															
Version: 2 Issued: 26-04-2021															
CICCHETTI	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
ARANCINI AL GRANCHIO	yes - Wheat	yes	yes	yes	no	no	yes	no	no	no	no	no	no	may	
BRUSCHETTA POMODORO	yes - Wheat, Barley	no	may	no	no	may	yes	may	no	no	may	yes	no	no	
GF BRUSCHETTA POMODORO	no	no	no	no	no	yes	yes	no	no	no	no	yes	no	no	
VEGAN BRUSCHETTA POMODORO	yes - Wheat, Barley	no	may	no	no	may	may	may	no	no	may	yes	no	no	
GF/VE BRUSCHETTA POMODORO	no	no	no	no	no	yes	no	no	no	no	no	yes	no	no	
CALAMARI FRITTI	yes - Wheat	may	yes	may	no	yes	may	no	yes	may	no	no	no	yes	
CALZONETTI	yes - Wheat	may	may	may	no	may	yes	may	may	no	no	no	no	no	
CIABATTINI AGLIO	yes - Wheat, Barley	no	no	no	may	may	yes	may	may	no	may	no	may	no	
GF GAMBERI AGLIO	no	yes	no	no	no	yes	yes	no	no	no	no	no	no	no	
FUNGHI CICCHETTI	yes - Wheat, Barley	no	may	no	no	yes	yes	may	yes	no	may	yes	no	no	
GF FUNGHI CICCHETTI	no	no	no	no	no	yes	yes	no	yes	no	no	yes	no	no	
GAMBERI AGLIO	yes - Wheat, Barley	yes	may	no	no	may	yes	may	no	no	may	no	no	no	
GF HOUMOUS	no	no	no	no	may	yes	no	yes - Pistacchio	no	no	yes	no	no	no	
POLPETTE PARMIGIANO	yes - Wheat, Barley	no	yes	no	no	may	yes	may	no	no	may	no	no	no	
GF POLPETTE PARMIGIANO	no	no	yes	no	no	yes	yes	no	no	no	no	no	no	no	
TOMINO CON PARMA	yes - Wheat	may	may	may	no	may	yes	may	may	no	no	no	no	no	
GF TOMINO CON PARMA	no	no	no	no	no	yes	yes	no	no	no	no	no	no	no	
GNOCCHI SCAMORZA	yes - Wheat	may	may	may	no	may	yes	may	may	no	no	yes	no	no	
PASTA FRITTI	yes - Wheat	may	yes	may	no	may	may	may	may	no	no	no	no	no	
RAVIOLI CACIO E PEPE	yes - Wheat	may	may	may	no	may	yes	may	may	no	no	no	no	no	
RED PEPPER HOUMOUS	yes - Wheat, Barley	no	may	no	may	may	may	yes - Pistacchio	no	no	yes	no	no	no	
SICILIAN OLIVES	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
PASTA CLASSICA	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
CACIO E PEPE	yes - Wheat	no	may	no	may	may	yes	yes - Pistacchio	may	may	no	may	no	no	
GF CACIO E PEPE PASTA	no	no	may	no	may	may	yes	yes - Pistacchio	may	may	no	may	no	no	
SPAGHETTI BOLOGNESE	yes - Wheat	no	may	no	no	may	yes	no	yes	may	no	may	no	no	
GF BOLOGNESE PASTA	no	no	may	no	no	may	yes	no	yes	may	no	may	no	no	
VEGAN SPAG BOLOGNESE	yes - Wheat	no	no	no	no	may	no	no	no	no	no	no	no	no	
GF/VE SPAG BOLOGNESE	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
SPAGHETTI CARBONARA	yes - Wheat	no	yes	no	no	may	yes	no	no	no	no	no	no	no	
GF CARBONARA PASTA	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no	
POLLO CACCIATORE	yes - Wheat	no	no	no	no	may	yes	no	no	no	no	yes	no	no	
GF POLLO CACCIATORE PASTA	no	no	no	no	no	no	yes	no	no	no	no	yes	no	no	
POMODORO CON BUFALA	yes - Wheat	no	no	no	no	may	yes	no	no	no	no	no	no	no	
GF POMODORO CON BUFALA	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	
VEGAN BUFALA RIGATONI	yes - Wheat	no	no	no	no	may	no	no	no	no	no	no	no	no	
GF/VE BUFALA RIGATONI	no	no	no	no	no	no	no	no	no	no	no	no	no	no	
LASAGNE TRADITIONAL	yes - Wheat	no	no	no	no	yes	yes	may	yes	no	no	no	no	no	
PASTA SPECIALE	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
FUNGHI CREMA	yes - Wheat	no	yes	may	no	yes	yes	may	yes	no	no	yes	no	no	
GF FUNGHI CREMA	no	no	no	no	no	yes	yes	no	yes	no	no	yes	no	no	
GAMBERONI	yes - Wheat	yes	may	yes	no	may	yes	may	yes	no	no	yes	no	yes	
GF GAMBERONI PASTA	no	yes	no	yes	no	no	yes	may	yes	no	no	yes	no	yes	
OX CHEEK RAGU	yes - Wheat	no	no	no	no	yes	yes	no	yes	no	no	yes	no	no	
GF OX CHEEK RAGU PASTA	no	no	no	no	no	yes	yes	no	yes	no	no	yes	no	no	
POLLO FUNGHI	yes - Wheat	may	may	may	no	yes	yes	may	yes	no	no	yes	no	no	
GF POLLO FUNGHI	no	no	no	no	no	yes	yes	no	yes	no	no	yes	no	no	
RAGU D'ANATRA	yes - Wheat	may	yes	may	no	may	yes	may	yes	no	no	yes	no	no	
GF RAGU D'ANATRA	no	no	no	no	no	no	yes	no	yes	no	no	yes	no	no	
SALSICCIA MEZZALUNA	yes - Wheat	may	yes	may	no	yes	yes	yes - Hazelnut	may	no	no	no	no	no	
ZUCCA DOLCELATTE	yes - Wheat	may	yes	may	no	may	yes	may	may	no	no	no	no	no	

DESSERTS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
1 SCOOP AMARENA CHERRY	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
1 SCOOP BUBBLEGUM	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
1 SCOOP CHOC CHIP	no	no	may	no	may	yes	yes	may	no	no	no	no	no	no
1 SCOOP HAZELNUT	no	no	no	no	no	no	yes	yes - Hazelnut	no	no	no	no	no	no
1 SCOOP HONEYCOMB	no	no	no	no	no	yes	yes	no	no	no	no	no	no	no
1 SCOOP LIMONCELLO	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
1 SCOOP MINT CHOC CHIP	no	no	no	no	no	yes	yes	no	no	no	no	no	no	no
1 SCOOP RASPBERRY	no	no	no	no	no	no	no	no	no	no	no	no	no	no
1 SCOOP STRAWBERRY	no	no	may	no	may	may	yes	may	no	no	no	no	no	no
1 SCOOP TIRAMISU	no	no	no	no	no	yes	yes	no	no	no	no	no	no	no
1 SCOOP VANILLA	no	no	yes	no	may	no	yes	may	no	no	no	no	no	no
1 SCOOP VEGAN	no	no	no	no	no	yes	no	no	no	no	no	no	no	no
CHOCOLATE BROWNIE	no	no	yes	no	may	yes	yes	may	no	no	no	no	no	no
COOKIE DOUGH AL FORNO	yes - Wheat	no	yes	no	may	yes	yes	may	no	no	no	no	no	no
EXTRA WHITE CHOC SAUCE TOP	no	no	yes	no	no	yes	yes	no	no	no	no	no	no	no
LEMON MERINGUE	no	no	yes	no	may	yes	yes	may	no	no	no	yes	no	no
SEMIFREDDO	no	no	yes	no	may	yes	yes	yes - Pistacchio	no	no	no	no	no	no
TIRAMISU	yes - Wheat	no	yes	no	may	may	yes	may	no	no	no	no	no	no
TOPPING CARAMEL S. TOPPING	no	no	no	no	no	no	no	no	no	no	no	no	no	no
TOPPING CHOC BEANS	no	no	no	no	no	yes	yes	no	no	no	no	no	no	no
TOPPING CHOC SAUCE TOP	no	no	yes	no	no	yes	yes	no	no	no	no	no	no	no
TOPPING FUDGE PIECES	no	no	no	no	no	no	yes	no	no	no	no	yes	no	no
TOPPING HONEYCOMB	no	no	no	no	no	no	no	no	no	no	no	yes	no	no
TOPPING MARSHMALLOW	no	no	no	no	no	no	may	no	no	no	no	no	no	no
TOPPING OREO CRUSHED	yes - Wheat	no	no	no	no	yes	may	no	no	no	no	no	no	no
TOPPING SUGAR STRANDS	no	no	no	no	no	no	no	no	no	no	no	no	no	no
TOPPING WHIPPED CREAM	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
VEGAN COOKIE DOUGH	yes - Wheat	no	no	no	may	yes	no	may	no	no	no	no	no	no

KIDS														
STARTERS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
CRUDITES AND DOUGH	yes - Wheat, Barley	no	no	no	may	may	yes	may	may	no	may	no	may	no
GRISSINI	yes - Wheat	no	no	no	no	may	no	no	no	no	may	no	no	no
CHEESY GARLIC BREAD	yes - Wheat, Rye	no	no	no	no	no	yes	no	no	no	no	no	no	no
GARLIC BREAD	yes - Wheat, Rye	no	no	no	no	no	yes	no	no	no	no	no	no	no
GLUTEN-FREE CHEESY GARLIC BREAD	no	no	no	no	no	yes	yes	no	no	no	no	no	no	no
GRANDE MENU - MAINS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
GRANDE SALAD ITALIAN	yes - Wheat, Barley	no	yes	no	no	may	yes	may	no	no	may	no	no	no
GRANDE FISH & CHIPS	yes - Wheat, Barley	no	yes	yes	no	no	no	no	no	no	no	no	no	no
GRANDE FISH & SALAD	yes - Wheat	no	no	yes	no	no	no	no	no	no	no	yes	no	no
GRANDE CIAO CHICK SALAD	yes - Wheat	no	no	no	no	no	no	no	yes	no	no	yes	no	no
GRANDE CIAO CHICKEN	yes - Wheat, Barley	no	yes	no	no	no	no	no	yes	no	no	no	no	no
GRANDE MENU - TEAM PIZZA	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
PIZZA BASE with ...	yes - Wheat, Rye	no	no	no	no	no	yes	no	no	no	no	no	no	no
GLUTEN FREE PIZZA BASE with ...	no	no	no	no	no	yes	yes	no	no	no	no	no	no	no
...MUSHROOMS TOPPING	no	no	no	no	no	no	no	no	no	no	no	no	no	no
...HAM TOPPING	no	no	no	no	no	no	no	no	no	no	no	no	no	no
...OLIVES TOPPING	no	no	no	no	no	no	no	no	no	no	no	no	no	no
...PEPPERONI TOPPING	no	no	no	yes	no	no	no	no	no	no	no	no	no	no
...PEPPERS TOPPING	no	no	no	no	no	no	no	no	no	no	no	no	no	no
...ONION TOPPING	no	no	no	no	no	no	no	no	no	no	no	no	no	no
...TOMATO TOPPING	no	no	no	no	no	no	no	no	no	no	no	no	no	no
...CHICKEN TOPPING	no	no	no	no	no	no	no	no	no	no	no	no	no	no
GRANDE MENU - TEAM PASTA	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
MACCARONI PORTION and...	yes - Wheat	no	may	no	no	no	no	no	no	no	no	no	no	no
SPAGHETTI PORTION and...	yes - Wheat	no	no	no	no	may	no	no	no	no	no	no	no	no
GLUTEN FREE PASTA PORTION and...	no	no	no	no	no	no	no	no	no	no	no	no	no	no
GRAMIGNA PORTION and...	yes - Wheat	no	no	no	no	no	no	no	no	no	no	no	no	no
...PESTO PASTA SAUCE	no	no	no	no	no	no	yes	yes - Cashews	no	no	no	no	no	no
...BOLOGNESE PASTA SAUCE	no	no	may	no	no	may	yes	no	yes	may	no	may	no	no
...TOMATO PASTA SAUCE	no	no	no	no	no	no	no	no	no	no	no	no	no	no
...CHEESE PASTA SAUCE	yes - Wheat	no	yes	no	may	no	yes	may	no	yes	may	yes	no	no
PICCOLO MENU - MAINS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
CIAO CHICK SALAD	yes - Wheat	no	no	no	no	no	no	no	yes	no	no	yes	no	no
CIAO CHICKEN	yes - Wheat, Barley	no	yes	no	no	no	no	no	yes	no	no	no	no	no
FISH & CHIPS	yes - Wheat, Barley	no	yes	yes	no	no	no	no	no	no	no	no	no	no
FISH & SALAD	yes - Wheat	no	no	yes	no	no	no	no	no	no	no	yes	no	no
SALAD ITALIAN	yes - Wheat, Barley	no	yes	no	no	may	yes	may	no	no	may	no	no	no

