

ALLERGENS MENU

Valid until 8th October 2019

Our allergen menu details information on our ingredients and dishes. Unfortunately, it is not possible for us to guarantee our busy kitchens are 100% allergen/contamination free.

Bella Italia
Pizza ♥ Pasta ♥ Grill

ALLERGENS - A LA CARTE MENU

Valid until 8th October 2019

	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin	
While you wait															
Sicilian Olives															
Garlic & Rosemary Dough Bites	yes - Wheat & Barley				yes		may	may	may	may			may	may	
Basil Pesto Dough Bites	yes - Wheat & Barley				yes		may	yes - Cashew	may	may			may	may	
Pane Bella	yes - Wheat						may	may					yes		
Flatbread - Garlic & Parsley Butter	yes - Wheat & Rye				yes										
Flatbread - Spicy 'Nduja Sausage & Mozzarella	yes - Wheat & Rye				yes										
Flatbread - Mozzarella with Garlic & Parsley Butter	yes - Wheat & Rye				yes										
Flatbread - Caramelised Onion & Mozzarella	yes - Wheat & Rye				yes								yes		
Flatbread - Pomodoro with Pesto	yes - Wheat & Rye				yes	may		yes - Cashew		may					
Dairy Free Flatbread - Spicy 'Nduja Sausage	yes - Wheat & Rye														
Dairy Free Flatbread - Caramelised Onion	yes - Wheat & Rye												yes		
Gluten Free Flatbread - Garlic & Parsley Butter					yes		yes								
Gluten Free Flatbread - Spicy 'Nduja Sausage & Mozzarella					yes		yes								
Gluten Free Flatbread - Mozzarella with Garlic & Parsley Butter					yes		yes								
Gluten Free Flatbread - Caramelised Onion & Mozzarella					yes		yes						yes		
Gluten Free Flatbread - Pomodoro with Pesto					yes	may	yes	yes - Cashew		may					
Gluten and Dairy Free Flatbread - Spicy 'Nduja Sausage							yes								
Gluten and Dairy Free Flatbread - Caramelised Onion							yes						yes		
Starters															
Seasonal Soup	Ask your server														
Fritto Misto	yes - Wheat	yes	yes	yes	yes	may	yes			yes	yes		yes		
Polpette	yes - Wheat				yes			may		may			may		
Vegan Polpette	yes - Wheat					may	may	may	may	may					
Vegan & Gluten Free Polpette						may	yes	may	may	may					
Arancini	yes - Wheat	may	may		yes	may	may	may	may	may	may		may		
Gamberi	yes - Wheat		yes		yes		may	may					may		
Gluten Free Gamberi			yes		yes		yes								
Chicken Wings - Sweet & Sour															
Chicken Wings - Peri Peri					yes					yes					
Chicken Wings - Barbecue															
Mozzarella Carozza	may					yes	may	may		yes	may		yes		
Antipasti Board to share	yes - Wheat				yes		yes	may					may		
Calamari	yes - Wheat	may	may	yes	may	yes	yes			yes	may				
Inalata Caprese					yes			yes - Cashew							
Bruschetta	yes - Wheat						may	may					may		
Gluten Free Bruschetta							yes	may							
Add Tom Bufala Mozzarella					yes										
Funghi Arrosto	yes - Wheat				yes		yes	may		yes			yes		
Gluten Free Funghi Arrosto					yes		yes	may		yes			yes		
Lighter Dishes															
Gamberoni Spinali			yes		yes	yes		may		may					
Lenticchie Spinali	may				yes	yes									
Bolognese Spinali	may				yes	yes	may			yes	may		may		
Mille Colori Pizza	yes - Wheat & Rye				may	may		may		may			yes		
Pollo Sapori Pizza	yes - Wheat & Rye				yes	yes		may					yes		
Pollo Lenticchie	may				yes	yes									
Salads															
Inalata Giardiniera															
<i>Add Grilled Chicken</i>															
<i>Add Oven-Baked Salmon</i>		yes													
<i>Add Goat's Cheese</i>					yes										
Inalata di Verona	yes - Wheat														
<i>Add Goat's Cheese</i>					yes										
Inalata Pama Bufala					yes										
Inalata Caesar	yes - Wheat				yes	yes	may	may			yes	may	yes		
<i>Add Chicken & Pancetta</i>															
Gluten Free Inalata di Verona					yes	yes	yes				yes	may	yes		
Gluten Free Inalata Caesar					yes	yes	yes								
Pasta															
Pomodoro	yes - Wheat				may	may		may		may					
Gluten Free Pomodoro					may	may		may		may					
Bolognese	yes - Wheat				yes	may	may			yes	may		may		
Gluten Free Bolognese	may				yes	may	may			yes	may		may		
Vegan Bolognese	yes - Wheat				yes	may	may			yes	may				
Vegan & Gluten Free Bolognese	may														
Gamberoni Arrabiata	yes - Wheat		yes		yes			may		may					
Gluten Free Gamberoni Arrabiata			yes		yes			may		may					
Calabrese	yes - Wheat				yes			may		may					
Gluten Free Calabrese					yes			may		may					
Pollo Pesto	yes - Wheat				yes			yes - Cashew							

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	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Gluten Free Pollo Pesto					yes			yes - Cashew						
Vegan Pollo Pesto	yes - Wheat						yes	may						
Gluten Free & Vegan Pollo Pesto							yes	may						
Marco Polo	yes - Wheat					yes	yes	may						
Gluten Free Marco Polo						yes	yes	may						
Vegan Marco Polo	yes - Wheat						yes	may				yes		
Vegan & Gluten Free Marco Polo							yes	may				yes		
Cacio E Pepe	yes - Wheat				yes			may						
Gluten Free Cacio E Pepe					yes			may						
Carbonara	yes - Wheat	may	may	may	yes	yes		may		may			may	
Gluten Free Carbonara					yes	yes							may	
Funghi Crema	yes - Wheat				yes		yes	may		yes				yes
Gluten Free Funghi Crema					yes		yes	may		yes			yes	
Marinara	yes - Wheat		yes	yes	yes			may		may				
Gluten Free Marinara			yes	yes	yes			may		may				
Polpette Americano	yes - Wheat				may			may		may				
Vegan Polpette	yes - Wheat				may		may	may	may	may		may		
Vegan & Gluten Free Polpette					may			may	may	may				
Tagliatelle Capra	yes - Wheat	may	may	may	yes	yes		may	may	may			yes	
Gluten Free Penne Capra					yes			may	may	may		yes		
Al Forno														
Traditional Lasagne	yes - Wheat	may	may	may	yes	yes	may	may		yes	may		may	
Pollo Alla Crema	yes - Wheat & Barley	may	may	may	yes	yes		may	may	may	yes	may	yes	
Came Festa	yes - Wheat				yes	yes		may		may				
Risotto														
Risotto Pescatore		yes	yes	yes	yes			may		yes			yes	
Risotto Verdura										yes			yes	
Risotto Pollo Funghi					yes	yes	yes	may		yes			yes	
Meat & Fish														
Pollo Funghi					yes		yes	may		yes			yes	
Pollo Milanese	yes - Wheat				yes	yes		may		may				
Salmon Al Forno		yes												
Sea Bream		yes			yes			may		yes			yes	
10oz Sirloin Steak with Fries	yes - Fried in Oil							may						
10oz Sirloin Steak with Salad								may					yes	
Gluten Free 10oz Sirloin Steak with Salad								may					yes	
Peppercorn Sauce	yes - Wheat & Barley				yes					yes			yes	
Creamy Mushroom Sauce					yes		yes	may		yes			yes	
Garlic Butter					yes									
Grilled Chicken with Fries	yes - Fried in Oil													
Grilled Chicken with House Salad													yes	
Half Chicken with Barbecue Sauce	yes - Wheat					yes		may			yes			
Half Chicken with Peri Peri Sauce	yes - Wheat				yes	yes		may		yes	yes			
Half Chicken with Sweet and Sour Sauce	yes - Wheat					yes		may			yes			
Rack of Ribs with Barbecue Sauce	yes - Wheat					yes		may			yes			
Rack of Ribs with Peri Peri Sauce	yes - Wheat				yes	yes		may		yes	yes			
Rack of Ribs with Sweet and Sour Sauce	yes - Wheat					yes		may			yes			
Ribs and Chicken with Barbecue Sauce	yes - Wheat					yes		may			yes			
Ribs and Chicken with Peri Peri Sauce	yes - Wheat				yes	yes		may		yes	yes			
Ribs and Chicken with Sweet and Sour Sauce	yes - Wheat					yes		may			yes			
Burgers														
Black Angus Burger with Fries	yes - Wheat				yes	yes	yes	may		yes	yes	may	yes	
Black Angus Burger with Salad	yes - Wheat				yes	yes	yes	may		yes	yes	may	yes	
Gluten Free Black Angus Burger with Salad	may				yes	yes	may			yes	yes		yes	
100% Plant Based Burger with Salad	yes - Wheat				may	may	yes	may				may	yes	
Cannellini Bean Burger with Salad	yes - Wheat				may	may	yes	may				may	yes	
Pollo Burger with Fries	yes - Wheat				yes	yes	yes	may		yes	yes	may	yes	
Pollo Burger with Salad	yes - Wheat				yes	yes	yes	may		yes	yes	may	yes	
Burger Toppings														
Crispy Pancetta					may								may	
Garlic Mushrooms								may						
Avocado														
Goat's Cheese					yes									
Fresh Green Chili														

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Pizza	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard <td>Sesame</td> <td>Sulphur Dioxide/Sulphites</td> <td>Lupin</td>	Sesame	Sulphur Dioxide/Sulphites	Lupin
Margherita	yes - Wheat & Rye				yes									
Roma Margherita	yes - Wheat & Rye				yes									
Ripiena Margherita	yes - Wheat & Rye				yes									
Gluten Free Margherita					yes		yes							
Vegan Margherita	yes - Wheat & Rye													
Vegan Roma Margherita	yes - Wheat & Rye													
Gluten Free & Vegan Margherita							yes							
Gluten Free & Vegan Margherita Roma							yes							
Queen Margherita	yes - Wheat & Rye				yes			yes - Cashew						
Roma Queen Margherita	yes - Wheat & Rye				yes			yes - Cashew						
Ripiena Queen Margherita	yes - Wheat & Rye				yes			yes - Cashew						
Gluten Free Queen Margherita					yes		yes	yes - Cashew						
Campagna	yes - Wheat & Rye				yes			may					yes	
Roma Campagna	yes - Wheat & Rye				yes			may					yes	
Ripiena Campagna	yes - Wheat & Rye				yes			may					yes	
Gluten Free Campagna					yes		yes	may					yes	
Parma Bufala	yes - Wheat & Rye				yes			may						
Roma Parma Bufala	yes - Wheat & Rye				yes			may						
Ripiena Parma Bufala	yes - Wheat & Rye				yes			may						
Gluten Free Parma Bufala					yes		yes	may						
Diavola Forte	yes - Wheat & Rye				yes			may		may				
Roma Diavola Forte	yes - Wheat & Rye				yes			may		may				
Ripiena Diavola Forte	yes - Wheat & Rye				yes			may		may				
Gluten Free Diavola Forte					yes		yes	may		may				
Pollo Barbecue	yes - Wheat & Rye				yes									
Roma Pollo Barbecue	yes - Wheat & Rye				yes									
Ripiena Pollo Barbecue	yes - Wheat & Rye				yes									
Vegan Pollo Barbecue	yes - Wheat & Rye						yes					yes		
Gluten Free Pollo Barbecue					yes									
Gluten Free and Vegan Pollo Barbecue							yes					yes		
Pepperoni Piccante	yes - Wheat & Rye				yes									
Roma Pepperoni Piccante	yes - Wheat & Rye				yes									
Ripiena Pepperoni Piccante	yes - Wheat & Rye				yes									
Gluten Free Pepperoni Piccante					yes		yes							
Pollo Vesuvio	yes - Wheat & Rye				yes			may	may	may		yes		
Roma Pollo Vesuvio	yes - Wheat & Rye				yes			may	may	may		yes		
Ripiena Pollo Vesuvio	yes - Wheat & Rye				yes			may	may	may		yes		
Gluten Free Pollo Vesuvio					yes		yes	may	may	may		yes		
Vegan Pollo Vesuvio	yes - Wheat & Rye				may		yes	may	may	may		yes		
Gluten Free and Vegan Pollo Vesuvio					may		yes	may	may	may		yes		
Came Mista	yes - Wheat & Rye				yes									
Roma Came Mista	yes - Wheat & Rye				yes									
Ripiena Came Mista	yes - Wheat & Rye				yes									
Gluten Free Came Mista					yes		yes							
Cotto	yes - Wheat & Rye				yes			may						
Roma Cotto	yes - Wheat & Rye				yes			may						
Ripiena Cotto	yes - Wheat & Rye				yes			may						
Gluten Free Cotto					yes		yes	may						
Gamberoni	yes - Wheat & Rye		yes		yes			may		may				
Roma Gamberoni	yes - Wheat & Rye		yes		yes			may		may				
Ripiena Gamberoni	yes - Wheat & Rye		yes		yes			may		may				
Gluten Free Gamberoni			yes		yes		yes	may		may				
Funghi Luganica	yes - Wheat & Rye				yes			yes	may	yes			yes	
Roma Funghi Luganica	yes - Wheat & Rye				yes			yes	may	yes			yes	
Ripiena Funghi Luganica	yes - Wheat & Rye				yes			yes	may	yes			yes	
Gluten Free Funghi Luganica					yes			yes	may	yes			yes	
Pizza Dipping Sauce	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/Sulphites	Lupin
Peri Peri					yes									
Barbecue					yes									
Garlic & Herb					yes									
Pizza CYO	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/Sulphites	Lupin
Create Your Own Standard Base	yes - Wheat & Rye													
Create Your Own Roma Base	yes - Wheat & Rye													
Create Your Own Ripiena Base	yes - Wheat & Rye													
Create Your Own Gluten Free Base							yes							
Pizza Sauce								may						
Mozzarella Cheese					yes									
Vegan Cheese														
Roast Peppers														
Red Onion														
Green Chilli														
Olives														
Rocket														
Spinach														
Spring Onion														
Garlic Mushrooms								may						
Bufala Mozzarella					yes									

Our allergen menu details information on our ingredients and dishes. Unfortunately, it is not possible for us to guarantee our busy kitchens are 100% allergen/contamination free.

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	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Goat's Cheese					yes									
Pepperoni														
Salami														
Ham Cotto														
Pancetta														
Chicken Breat														
Parma Ham														
Luganica Sausage														
Nduja Sausage														
Calzone														
Came	yes - Wheat & Rye				yes	may	may	may		yes	may		may	
Diavola	yes - Wheat & Rye				yes			may		may				
Verdure Pesto	yes - Wheat & Rye				yes	may		yes - Cashew		may				
Sides														
Coleslaw						yes		may			yes			
Roast Mediterranean Vegetables														
Green Beans					yes									
Sweet Potato Fries	yes - Fried in Oil													
Fries	yes - Fried in Oil													
Mixed Salad													yes	
Onion Rings	yes - Wheat	yes									yes		yes	
Crushed New Potatoes with Spring Onions														
Desserts														
Chocolate Brownie	yes - Wheat & Barley				yes	yes	yes							
Tiramisu	yes - Wheat				yes	yes	yes	may						
Strawberry Cheesecake	yes - Wheat & Oats				yes	yes	yes							
Coconut Panna Cotta														
Cookie Dough Al Forno	yes - Wheat				yes		yes	may	may				yes	
Vegan Cookie Dough Al Forno	yes - Wheat						yes	may	may					
Mini Doughnuts	yes - Wheat				yes	yes	yes	may						
Sundaes														
Rocky Road	yes - Wheat & Barley				yes	yes	yes							
Gluten Free Rocky Road					yes	yes	yes							
Eton Mess					yes	yes	yes							
Banoffee					yes	yes	yes							
Gelato														
Vanilla					yes									
Strawberry					yes									
Chocolate Chip					yes		yes							
Mint Chocolate Chip					yes		yes							
Honeycomb					yes		yes							
Hazelnut					yes			yes - Hazelnut						
Amarena Cherry					yes									
Bubblegum					yes									
Raspberry														
Tiramisu	yes - Wheat				yes	yes	yes						yes	
Limoncello					yes	yes								

	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Starters														
Cheesy Garlic Bread	yes - Wheat & Rye				yes									
Dippers Italiano	yes - Wheat				may	may		may		may		may		
Piccolo CYO Pasta														
Animal Pasta	yes - Wheat													
Spaghetti	yes - Wheat													
Gluten Free Penne														
Tomato Sauce														
Cheesy Sauce	yes - Wheat & Barley				yes							may	yes	
Pesto					yes			yes - Cashew						
Butter					yes									
Chicken														
Ham														
Onion														
Mushroom														
Peas														
Peppers														
Olives														
Prawns			yes											
Piccolo CYO Pizza														
Create Your Own Standard Base	yes - Wheat & Rye													
Create Your Own Gluten Free Base							yes							
Pizza Sauce								may						
Mozzarella Cheese					yes									
Vegan Cheese														
Chicken														
Ham														
Onion														
Pepperoni														
Peppers														
Olives														
Salami														
Tomatoes														
Piccolo Mains														
Ciao Chicken	yes - Wheat & Barley													
Calzone	yes - Wheat, Rye & Barley				yes	yes		may	may	may	yes	may	yes	
Fish 'n' Chips	yes - Wheat	yes			yes						yes			
Bolognese Pasta	yes - Wheat				yes	may	may			yes	may		may	
Insalata Italiano	yes - Wheat				yes	yes	may	may			yes	may	yes	
Grande Mains														
Fish 'n' Chips	yes - Wheat	yes			yes						yes			
Ciao Chicken	yes - Wheat													
Burger Bellissimo	yes - Wheat											may		
Mini Milanese	yes - Wheat				yes	yes								
Risotto Verde					yes	yes				yes			yes	
Insalata Italiano	yes - Wheat				yes	yes	may	may			yes	may	yes	
Calzone	yes - Wheat, Rye & Barley				yes	yes		may	may	may	yes	may	yes	
Sides														
Garden Peas														
Supestar Stick														
Mixed Salad														

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Desserts	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Mini Doughnuts	yes - Wheat				yes	yes	yes	may						
Choccie Brownies					yes	yes	yes							
Chilly Billy														
Tutti Fruity														

ALLERGENS - BREAKFAST

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	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Small Bites														
Toasted Ciabatta and Butter	yes - Wheat				yes		may	may				may		
Fruit Salad														
£5 Cooked Breakfast														
Bella Breakfast	yes - Wheat						may	may				may	yes	
Gigante Breakfast	yes - Wheat				yes		may	may				may	yes	
Veggie Breakfast	yes - Wheat						may	may				may		
Vegan Breakfast	yes - Wheat						may	may				may		
Fruity Pancake Stack	yes - Wheat				yes	yes								
Bacon & Egg Pancake Stack	yes - Wheat				yes	yes								
Frittata														
Breakfast						yes		may						
Forte						yes		may						
Veggie						yes		may						
Extra														
Tomato														
Baked Beans														
Sausage	yes - Wheat												yes	
Bacon														
Fried Egg						yes								
Scrambled Egg					yes	yes								
Mushrooms								may						
Pancake	yes - Wheat				yes	yes								
Avocado														
Toasted Ciabatta	yes - Wheat						may	may				may		
Crispy New Potatoes								may						
Kids														
Kids' Breakfast with Sausage	yes - Wheat				yes	yes	may	may				may	yes	
Kids' Breakfast with Bacon	yes - Wheat				yes	yes	may	may				may		
Broadstairs Additions														
Croissant	yes - Wheat				yes	yes								
Almond Croissant	yes - Wheat				yes	yes		yes - Almond				may		
Pain au Chocolat	yes - Wheat				yes	yes	yes							
Pain aux Raisins	yes - Wheat				yes	yes	may	may				may		
Smoked Salmon & Eggs	yes - Wheat	yes			yes	yes	may	may				may		
Gluten Free Smoked Salmon & Eggs		yes			yes	yes	yes							
Smashed Avocado with Tomato	yes - Wheat						may	may				may		
Gluten Free Smashed Avocado with Tomato							yes							
Smashed Avocado with Smoked Salmon	yes - Wheat	yes					may	may				may		
Gluten Free Smashed Avocado with Smoked Salmon		yes			yes	yes	yes							
Add Poached Free Range Egg	yes - Barley					yes								

	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin	
Starters															
Polpette	yes - Wheat				yes		may	may		may		may			
Vegan Polpette	yes - Wheat				may		may	may	may	may		may			
Vegan & Gluten Free Polpette					may		yes	may	may	may					
Garlic & Rosemary Dough Bites	yes - Wheat & Barley				yes		may	may	may	may		may		may	
Basil Pesto Dough Bites	yes - Wheat & Barley				yes		may	yes - Cashew	may	may		may		may	
Insalata Caprese					yes			yes - Cashew							
Bruschetta	yes - Wheat						may	may				may			
Gluten Free Bruschetta							yes	may							
Add Tom Bufala Mozzarella					yes										
Mains															
Traditional Lasagne	yes - Wheat	may	may	may	yes	yes	may	may		yes	may		may		
Pomodoro	yes - Wheat				may	may		may		may					
Gluten Free Pomodoro					may	may		may		may					
Polpette Americano	yes - Wheat				may			may		may					
Vegan Polpette	yes - Wheat				may		may	may	may	may		may			
Vegan & Gluten Free Polpette					may			may	may	may					
Insalata Caesar	yes - Wheat				yes	yes	may	may			yes	may	yes		
Add Chicken & Pancetta															
Campagna Pizza	yes - Wheat & Rye				yes			may					yes		
Gluten Free Campagna Pizza					yes		yes	may					yes		
Piadina Capra Rosso	yes - Wheat				yes										
Piadina Pollo Piccante	yes - Wheat				yes	yes	may	may		yes	yes		yes		
Create your Own Pizza															
Create Your Own Standard Base	yes - Wheat & Rye														
Create Your Own Gluten Free Base							yes								
Pizza Sauce								may							
Mozzarella Cheese					yes										
Vegan Cheese															
Roast Peppers															
Red Onion															
Green Chilli															
Olives															
Rocket															
Spinach															
Spring Onion															
Garlic Mushrooms								may							
Bufala Mozzarella					yes										
Goat's Cheese					yes										
Pepperoni															
Salami															
Ham Cotto															
Pancetta															
Chicken Breast															
Pama Ham															
Luganica Sausage															
Nduja Sausage															
Dessert															
Chocolate Brownie	yes - Wheat & Barley				yes	yes	yes								
Mini Doughnuts	yes - Wheat				yes	yes	yes	may							
Gelato															
Vanilla					yes										

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Strawberry					yes														
Chocolate Chip					yes		yes												
Mint Chocolate Chip					yes		yes												
Honeycomb					yes		yes												
Hazelnut					yes				yes - Hazelnut										
Amarena Cherry					yes														
Bubblegum					yes														
Raspberry																			
Tiramisu	yes - Wheat				yes	yes	yes											yes	
Limoncello					yes	yes													
Gelato Toppings	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin					
Dark Chocolate & Marshmallow Sauce					yes	yes	yes												
Strawberry Coulis																			
Salted Caramel																			
White Chocolate & Marshmallow Sauce					yes	yes	yes												
Banana Topping																			
Crushed Ice Cream Cone Topping	yes - Wheat						yes												
Rainbow Sprinkles																			
Mini Marshmallows					may														
Popping Candy	may				yes	may	yes	may	may				may						
Whipped Cream					yes														
Malt Spheres	yes - Barley				yes		yes												

Valid until 8th October 2019

	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin	
Starters															
Polpette	yes - Wheat				yes		may	may		may		may			
Vegan Polpette	yes - Wheat				may		may	may	may	may		may			
Vegan & Gluten Free Polpette					may		may	may	may	may					
Garlic & Rosemary Dough Bites	yes - Wheat & Barley				yes		yes	may	may	may		may		may	
Basil Pesto Dough Bites	yes - Wheat & Barley				yes		may	yes - Cashew	may	may		may		may	
Insalata Caprese					yes			yes - Cashew							
Bruschetta	yes - Wheat						may	may				may			
Gluten Free Bruschetta							yes	may							
Add Tom Bufala Mozzarella					yes										
Mains															
Traditional Lasagne	yes - Wheat	may	may	may	yes	yes	may	may		yes	may		may		
Pomodoro	yes - Wheat				may	may		may		may					
Gluten Free Pomodoro					may	may		may		may					
Polpette Americano	yes - Wheat				may			may		may					
Vegan Polpette	yes - Wheat				may		may	may	may	may		may			
Vegan & Gluten Free Polpette					may			may	may	may					
Insalata Caesar	yes - Wheat				yes	yes	may	may			yes	may	yes		
Add Chicken & Pancetta															
Cotto Pizza	yes - Wheat & Rye				yes			may							
Gluten Free Cotto Pizza					yes		yes	may							
Pepperoni Piccante Pizza	yes - Wheat & Rye				yes										
Gluten Free Pepperoni Piccante Pizza					yes		yes								
Campagna Pizza	yes - Wheat & Rye				yes			may					yes		
Gluten Free Campagna Pizza					yes		yes	may					yes		
Create your Own Pizza															
Create Your Own Standard Base	yes - Wheat & Rye														
Create Your Own Gluten Free Base							yes								
Pizza Sauce								may							
Mozzarella Cheese					yes										
Vegan Cheese															
Roast Peppers															
Red Onion															
Green Chilli															
Olives															
Rocket															
Spinach															
Spring Onion															
Garlic Mushrooms								may							
Bufala Mozzarella					yes										
Goat's Cheese					yes										
Pepperoni															
Salami															
Ham Cotto															
Pancetta															
Chicken Breast															
Pama Ham															
Luganica Sausage															
Nduja Sausage															

Valid until 8th October 2019

	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin	
While you wait															
Sicilian Olives															
Pane Bella	yes - Wheat						may	may				may	yes		
Flatbread - Garlic & Parsley Butter	yes - Wheat & Rye				yes										
Flatbread - Spicy 'Nduja Sausage & Mozzarella	yes - Wheat & Rye				yes										
Flatbread - Mozzarella with Garlic & Parsley Butter	yes - Wheat & Rye				yes										
Flatbread - Caramelised Onion & Mozzarella	yes - Wheat & Rye				yes								yes		
Flatbread - Pomodoro with Pesto	yes - Wheat & Rye				yes	may		yes - Cashew		may					
Dairy Free Flatbread - Spicy 'Nduja Sausage	yes - Wheat & Rye				yes										
Dairy Free Flatbread - Caramelised Onion	yes - Wheat & Rye				yes								yes		
Gluten Free Flatbread - Garlic & Parsley Butter					yes		yes								
Gluten Free Flatbread - Spicy 'Nduja Sausage & Mozzarella					yes		yes								
Gluten Free Flatbread - Mozzarella with Garlic & Parsley Butter					yes		yes								
Gluten Free Flatbread - Caramelised Onion & Mozzarella					yes		yes						yes		
Gluten Free Flatbread - Pomodoro with Pesto					yes	may		yes - Cashew		may					
Gluten and Dairy Free Flatbread - Spicy 'Nduja Sausage					yes		yes								
Gluten and Dairy Free Flatbread - Caramelised Onion					yes		yes						yes		
Starters															
Seasonal Soup	Ask your server														
Garlic & Rosemary Dough Bites	yes - Wheat & Barley				yes		may	may	may	may		may		may	
Basil Pesto Dough Bites	yes - Wheat & Barley				yes		may	yes - Cashew	may	may		may		may	
Bruschetta	yes - Wheat						may	may				may			
Gluten Free Bruschetta							yes	may							
<i>Add Tom Bufala Mozzarella</i>															
Funghi Arrotato	yes - Wheat				yes		yes	may		yes		may	yes		
Gluten Free Funghi Arrotato					yes		yes	may		yes			yes		
Mozzarella Carozza	may				yes	may	may	may		yes	may		yes		
Polpette	yes - Wheat				yes		may	may		may		may			
Vegan Polpette	yes - Wheat				may		may	may	may	may		may			
Vegan & Gluten Free Polpette					may		yes	may	may	may					
Pasta															
Traditional Lasagne	yes - Wheat	may	may	may	yes	yes	may	may		yes	may		may		
Pollo Pesto	yes - Wheat				yes			yes - Cashew							
Gluten Free Pollo Pesto					yes			yes - Cashew							
Vegan Pollo Pesto	yes - Wheat						yes	may							
Gluten Free & Vegan Pollo Pesto							yes	may							
Bolognese	yes - Wheat				yes	may	may			yes	may		may		
Gluten Free Bolognese	may				yes	may	may			yes	may		may		
Vegan Bolognese	yes - Wheat				yes	may	may			yes	may		may		
Vegan & Gluten Free Bolognese	may														
Pomodoro	yes - Wheat				may	may		may		may					
Gluten Free Pomodoro					may	may		may		may					
Gamberoni Arabiata	yes - Wheat		yes		yes			may		may					
Gluten Free Gamberoni Arabiata			yes		yes			may		may					
Funghi Crema	yes - Wheat				yes		yes	may		yes			yes		
Gluten Free Funghi Crema					yes		yes	may		yes			yes		
Polpette Americano	yes - Wheat				may			may		may					
Vegan Polpette	yes - Wheat				may		may	may	may	may		may			
Vegan & Gluten Free Polpette					may		may	may	may	may					
Italian Classics															
Pollo Funghi					yes		yes	may		yes			yes		
Pollo Milanese	yes - Wheat				yes	yes		may		may					
Grilled Chicken with Fries	yes - Fried in Oil														
Grilled Chicken with House Salad													yes		
Peri Peri Sauce					yes										
Barbecue Sauce															
Sweet & Sour															
10oz Sirloin Steak with Fries	yes - Fried in Oil							may							
10oz Sirloin Steak with Salad								may					yes		
Gluten Free 10oz Sirloin Steak with Salad								may					yes		
Peppercorn Sauce	yes - Wheat & Barley				yes					yes			yes		
Creamy Mushroom Sauce					yes		yes	may		yes			yes		
Garlic Butter					yes										

ALLERGENS - TASTE OF ITALY MENU

Valid until 8th October 2019

	Cereals containing Gluten	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Pizza															
Margherita	yes - Wheat & Rye					yes									
Gluten Free Margherita						yes		yes							
Vegan Margherita	yes - Wheat & Rye														
Gluten Free & Vegan Margherita								yes							
Gamberoni	yes - Wheat & Rye			yes		yes			may		may				
Gluten Free Gamberoni				yes		yes		yes	may		may				
Cotto	yes - Wheat & Rye					yes			may						
Gluten Free Cotto						yes		yes	may						
Campagna	yes - Wheat & Rye					yes			may					yes	
Gluten Free Campagna						yes		yes	may					yes	
Pepperoni Piccante	yes - Wheat & Rye					yes									
Gluten Free Pepperoni Piccante						yes		yes							
Pollo Barbecue	yes - Wheat & Rye					yes									
Vegan Pollo Barbecue	yes - Wheat & Rye							yes					yes		
Gluten Free Pollo Barbecue						yes									
Gluten Free and Vegan Pollo Barbecue								yes					yes		
Pizza Dipping Sauce															
Peri Peri															
Barbecue						yes									
Garlic & Herb						yes									
Pizza CYO															
Create Your Own Standard Base	yes - Wheat & Rye														
Create Your Own Roma Base	yes - Wheat & Rye														
Create Your Own Ripiena Base	yes - Wheat & Rye														
Create Your Own Gluten Free Base								yes							
Pizza Sauce									may						
Mozzarella Cheese						yes									
Vegan Cheese															
Roast Peppers															
Red Onion															
Green Chilli															
Olives															
Rocket															
Spinach															
Spring Onion															
Garlic Mushrooms									may						
Bufala Mozzarella						yes									
Goat's Cheese						yes									
Pepperoni															
Salami															
Ham Cotto															
Pancetta															
Chicken Breast															
Parma Ham															
Luganica Sausage															
Nduja Sausage															
Salads															
Insalata Giardiniera															
Add Grilled Chicken															
Add Oven-Baked Salmon			yes												
Add Goat's Cheese						yes									
Sides															
Coleslaw						yes	yes		may			yes			
Roast Mediterranean Vegetables															
Green Beans						yes									
Mixed Salad															
Fries	yes - Fried in Oil													yes	
Sweet Potato Fries	yes - Fried in Oil														
Onion Rings	yes - Wheat		yes										yes	yes	

ALLERGENS - TASTE OF ITALY MENU

Valid until 8th October 2019

	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Crushed New Potatoes with Spring Onions														
Desserts	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Chocolate Brownie	yes - Wheat & Barley				yes	yes	yes							
Strawberry Cheesecake	yes - Wheat & Oats				yes	yes	yes							
Coconut Panna Cotta														
Banoffee Sundae					yes	yes	yes							
Mini Doughnuts	yes - Wheat				yes	yes	yes	may						
Gelato	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Vanilla					yes									
Strawberry					yes									
Chocolate Chip					yes		yes							
Mint Chocolate Chip					yes		yes							
Honeycomb					yes		yes							
Hazelnut					yes			yes - Hazelnut						
Amarena Cherry					yes									
Bubblegum					yes									
Raspberry														
Tiramisu	yes - Wheat				yes	yes	yes						yes	
Limoncello					yes	yes								
Gelato Toppings	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Dark Chocolate & Marshmallow Sauce					yes	yes	yes							
Strawberry Coulis														
Salted Caramel														
White Chocolate & Marshmallow Sauce					yes	yes	yes							
Banana Topping														
Crushed Ice Cream Cone Topping	yes - Wheat						yes							
Rainbow Sprinkles														
Mini Marshmallows					may									
Popping Candy	may				yes	may	yes	may	may				may	
Whipped Cream					yes									
Malt Spheres	yes - Barley				yes		yes							

	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nut	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin	
Starters															
Garlic & Rosemary Dough Bites	yes - Wheat & Barley				yes		may	may	may	may		may		may	
Basil Pesto Dough Bites	yes - Wheat & Barley				yes		may	yes - Cashew	may	may		may		may	
Mozzarella Carozza	may				yes	may	may			yes	may		yes		
Bruschetta	yes - Wheat						may	may				may			
Gluten Free Bruschetta							yes	may							
Add Tom Bufala Mozzarella					yes										
Polpette	yes - Wheat				yes		may	may		may		may			
Vegan Polpette	yes - Wheat				may		may	may	may	may		may			
Vegan & Gluten Free Polpette					may		yes	may	may	may					
Mains															
Carbonara	yes - Wheat	may	may	may	yes	yes		may		may			may		
Gluten Free Carbonara					yes	yes							may		
Pomodoro	yes - Wheat				may	may		may		may					
Gluten Free Pomodoro					may	may		may		may					
Pollo Pesto	yes - Wheat				yes			yes - Cashew							
Gluten Free Pollo Pesto					yes			yes - Cashew							
Vegan Pollo Pesto	yes - Wheat						yes	may							
Gluten Free & Vegan Pollo Pesto							yes	may							
Bolognese	yes - Wheat				yes	may	may			yes	may		may		
Gluten Free Bolognese	may				yes	may	may			yes	may		may		
Vegan Bolognese	yes - Wheat														
Vegan & Gluten Free Bolognese	may														
Funghi Crema	yes - Wheat				yes		yes	may		yes			yes		
Gluten Free Funghi Crema					yes		yes	may		yes			yes		
Inalata Giardiniera															
Add Grilled Chicken															
Add Oven-Baked Salmon		yes													
Add Goat's Cheese					yes										
Pollo Milanese	yes - Wheat				yes	yes		may		may					
Came Calzone	yes - Wheat & Rye				yes	may	may	may		yes	may		may		
Campagna Pizza	yes - Wheat & Rye				yes			may					yes		
Gluten Free Campagna Pizza					yes		yes	may					yes		
Cotto Pizza	yes - Wheat & Rye				yes			may							
Gluten Free Cotto Pizza					yes		yes	may							
Create your Own Pizza															
Create Your Own Standard Base	yes - Wheat & Rye														
Create Your Own Gluten Free Base							yes								
Pizza Sauce								may							
Mozzarella Cheese					yes										
Vegan Cheese															
Roast Peppers															
Red Onion															
Green Chilli															
Olives															
Rocket															
Spinach															
Spring Onion															
Garlic Mushrooms								may							
Bufala Mozzarella					yes										
Goat's Cheese					yes										
Pepperoni															
Salami															
Ham Cotto															
Pancetta															
Chicken Breast															
Pama Ham															
Luganica Sausage															
Nduja Sausage															
Desert															
Tiramisu	yes - Wheat				yes	yes	yes	may							
Coconut Panna Cotta															
Strawberry Cheesecake	yes - Wheat & Oats				yes	yes	yes								
Cookie Dough Al Forno	yes - Wheat				yes		yes	may	may				yes		
Vegan Cookie Dough Al Forno	yes - Wheat						yes	may	may						

Valid until 8th October 2019

Gelato	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Vanilla					yes									
Strawberry					yes									
Chocolate Chip					yes		yes							
Mint Chocolate Chip					yes		yes							
Honeycomb					yes		yes							
Hazelnut					yes			yes - Hazelnut						
Amarena Cherry					yes									
Bubblegum					yes									
Raspberry														
Tiramisu	yes - Wheat				yes	yes	yes						yes	
Limoncello					yes	yes								

ALLERGENS - DESSERTS

Valid until 8th October 2019

	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin	
Desserts															
Chocolate Brownie	yes - Wheat & Barley				yes	yes	yes								
Tiramisu	yes - Wheat				yes	yes	yes	may							
Strawberry Cheesecake	yes - Wheat & Oats				yes	yes	yes								
Coconut Panna Cotta															
Cookie Dough Al Forno	yes - Wheat				yes		yes	may	may				yes		
Vegan Cookie Dough Al Forno	yes - Wheat						yes	may	may						
Mini Doughnuts	yes - Wheat				yes	yes	yes	may							
Sundaes															
Rocky Road	yes - Wheat & Barley				yes	yes	yes								
Gluten Free Rocky Road					yes	yes	yes								
Eton Mess					yes	yes	yes								
Banoffee					yes	yes	yes								
Gelato															
Vanilla					yes										
Strawberry					yes										
Chocolate Chip					yes		yes								
Mint Chocolate Chip					yes		yes								
Honeycomb					yes		yes								
Hazelnut					yes			yes - Hazelnut							
Amarena Cherry					yes										
Bubblegum					yes										
Raspberry															
Tiramisu	yes - Wheat				yes	yes	yes						yes		
Limoncello					yes	yes									
Gelato Toppings															
Dark Chocolate & Marshmallow Sauce					yes	yes	yes								
Strawberry Coulis															
Salted Caramel															
White Chocolate & Marshmallow Sauce					yes	yes	yes								
Crushed Ice Cream Cone Topping	yes - Wheat						yes								
Rainbow Sprinkles															
Mini Marshmallows					may										
Popping Candy	may				yes	may	yes	may	may				may		
Whipped Cream					yes										
Chocolate Malted Balls	yes - Barley				yes		yes								
Meringues						yes									

Valid until 8th October 2019

	Lupin	Sulphur Dioxide/ Sulphites	Sesame	Mustard	Celery	Peanuts	Tree Nuts	Soybeans	Eggs	Milk	Molluscs	Crustaceans	Fish	Cereals containing Gluten
Wine														
White		yes												
Red		yes												
Rosé		yes												
Sparkling		yes												
Beer & Cider	Lupin	Sulphur Dioxide/ Sulphites	Sesame	Mustard	Celery	Peanuts	Tree Nuts	Soybeans	Eggs	Milk	Molluscs	Crustaceans	Fish	Cereals containing Gluten
Menabrea Blonda														yes - Barley
Menabrea Ambrata														yes - Barley
Budweiser														yes - Wheat
Stella Artois														yes - Barley
Stella Artois GF														
Corona														yes - Barley
Brewdog Nanny State														yes - Barley
Mela Rossa Craft Italian Cider		yes												
Stella Cidre		yes												
Gin & Tonic	Lupin	Sulphur Dioxide/ Sulphites	Sesame	Mustard	Celery	Peanuts	Tree Nuts	Soybeans	Eggs	Milk	Molluscs	Crustaceans	Fish	Cereals containing Gluten
Beefeater														
Hendricks														
Bombay Sapphire														
Gin Mare														
Beefeater Pink Gin														
Cocktails	Lupin	Sulphur Dioxide/ Sulphites	Sesame	Mustard	Celery	Peanuts	Tree Nuts	Soybeans	Eggs	Milk	Molluscs	Crustaceans	Fish	Cereals containing Gluten
Classic Mojito														
Watermelon Mojito														
Passion Fruit Mojito														
Elderflower Collins														
Strawberry Collins														
Passion Fruit Martini		yes												
Watermelon Spritz		yes												
Aperol Spritz		yes												
Pina Colada									yes					
Strawberry Colada		yes							yes					
Mocktails	Lupin	Sulphur Dioxide/ Sulphites	Sesame	Mustard	Celery	Peanuts	Tree Nuts	Soybeans	Eggs	Milk	Molluscs	Crustaceans	Fish	Cereals containing Gluten
Passion Fruit Cooler														
Strawberry and Cucumber Cooler														
Virgin Mojito														
Watermelon Fizz														
Elderflower Fizz														
Strawberry Lemonade														
Spiced Orange Fizz														

Valid until 8th October 2019

Soft Drinks	Gluten	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Fruit Juices															
Coca-Cola & Lemonade															
Belu Mineral Water															
Appletiser															
Belvoir Sparkling Cordial															
San Pellegrino															
Hot Drinks	Gluten	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Espresso															
Double Espresso															
Americano															
Macchiato						yes									
Cappuccino						yes									
Latte						yes									
Mochaccino						yes									
Tea															
Mint Tea															
Hot Chocolate						yes									

	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/sulphites	Lupin
Starters														
Sicilian Olives													yes	
Dairy Free Flatbread - Caramelised Onion	yes - Wheat & Rye												yes	
Gluten and Dairy Free Flatbread - Caramelised Onion							yes					may	yes	
Bruschetta	yes - Wheat						may	may				may		
Gluten Free Bruschetta							yes	may						
Vegan Polpette	yes - Wheat				may		may	may	may	may		may		
Vegan & Gluten Free Polpette					may		yes	may	may	may				
Mains														
Pomodoro	yes - Wheat				may	may		may		may				
Gluten Free Pomodoro					may	may		may		may				
Spaghetti Lenticchie	yes - Wheat													
Gluten Free Lenticchie	may													
Gramigna Pesto	yes - Wheat						yes	may						
Gluten Free Gramigna Pesto							yes	may						
Marco Polo	yes - Wheat						yes	may			yes			
Gluten Free Marco Polo							yes	may			yes			
Polpette Americano	yes - Wheat				may		may	may	may	may		may		
Gluten Free Polpette					may			may	may	may				
Risotto Verdura										yes			yes	
Lenticchie Spirali	may				yes	yes								
Insalata Giardiniera														
Mille Colori Pizza	yes - Wheat & Rye				may	may		may		may			yes	
Insalata di Verona	yes - Wheat													
Gluten Free Insalata di Verona														
Margherita Pizza	yes - Wheat & Rye													
Gluten Free Margherita Pizza	yes - Wheat & Rye						yes							
Barbecue Pizza	yes - Wheat & Rye						yes				yes			
Gluten Free Barbecue Pizza							yes				yes			
Vesuvio Pizza	yes - Wheat & Rye				may		yes	may	may	may		yes		
Gluten Free Vesuvio Pizza					may		yes	may	may	may		yes		
100% Plant Based Burger with Salad	yes - Wheat				may	may	yes	may				may	yes	
Cannellini Bean Burger with Salad	yes - Wheat				may	may	yes	may				may	yes	
<i>Garlic Mushrooms</i>								may						
<i>Avocado</i>														
<i>Fresh Green Chilli</i>														
Pizza CYO														
Create Your Own Standard Base	yes - Wheat & Rye													
Create Your Own Roma Base	yes - Wheat & Rye													
Create Your Own Ripiena Base	yes - Wheat & Rye													
Create Your Own Gluten Free Base							yes							
Pizza Sauce								may						
Mozzarella Cheese					yes									
Vegan Cheese														
Roast Peppers														
Red Onion														
Green Chilli														
Olives														
Rocket														
Spinach														
Spring Onion														
Garlic Mushrooms								may						
Sides														
Roast Mediterranean Vegetables														
Mixed Salad													yes	
Crushed New Potatoes with Spring Onions														
Desserts														
Coconut Panna Cotta														
Vegan Cookie Dough Al Forno	yes - Wheat						yes	may	may					
Raspberry Sorbet														

	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin	
While you wait															
Sicilian Olives															
Garlic & Rosemary Dough Bites	yes - Wheat & Barley				yes		may	may	may	may		may		may	
Basil Pesto Dough Bites	yes - Wheat & Barley				yes		may	yes - Cashew	may	may		may		may	
Pane Bella	yes - Wheat						may	may				may	yes		
Insalata Caprese				yes				yes - Cashew							
Flatbread - Garlic & Parsley Butter	yes - Wheat & Rye			yes											
Flatbread - Mozzarella with Garlic & Parsley Butter	yes - Wheat & Rye			yes											
Flatbread - Caramelised Onion & Mozzarella	yes - Wheat & Rye			yes									yes		
Flatbread - Pomodoro with Pesto	yes - Wheat & Rye			yes	may			yes - Cashew		may					
Vegan Flatbread - Caramelised Onion	yes - Wheat & Rye												yes		
Gluten Free Flatbread - Garlic & Parsley Butter				yes			yes								
Gluten Free Flatbread - Mozzarella with Garlic & Parsley Butter				yes			yes								
Gluten Free Flatbread - Caramelised Onion & Mozzarella				yes			yes						yes		
Gluten Free Flatbread - Pomodoro with Pesto				yes	may		yes	yes - Cashew		may					
Gluten and Vegan Flatbread - Caramelised Onion							yes						yes		
Bruschetta	yes - Wheat						may	may				may			
Gluten Free Bruschetta							yes	may							
Add Tom Bufala Mozzarella				yes											
Vegan Polpette	yes - Wheat			may			may	may	may	may		may			
Vegan & Gluten Free Polpette				may			yes	may	may	may					
Mozzarella Carozza	may			yes	may		may			yes	may		yes		
Funghi Arosto	yes - Wheat			yes			yes	may		yes		may	yes		
Gluten Free Funghi Arosto				yes			yes	may		yes			yes		
Mains															
Pomodoro	yes - Wheat				may	may		may		may					
Gluten Free Pomodoro					may	may		may		may					
Spaghetti Lenticchie	yes - Wheat														
Gluten Free Lenticchie	may														
Gramigna Pesto	yes - Wheat						yes	may							
Gluten Free Gramigna Pesto							yes	may							
Marco Polo	yes - Wheat						yes	may			yes				
Gluten Free Marco Polo							yes	may			yes				
Polpette Americano	yes - Wheat				may		may	may	may	may		may			
Gluten Free Polpette Americano					may		may	may	may	may					
Funghi Crema	yes - Wheat				yes		yes	may		yes			yes		
Gluten Free Funghi Crema					yes		yes	may		yes			yes		
Tagliatelle Capra	yes - Wheat	may	may	may	yes	yes		may	may	may		yes			
Gluten Free Penne Capra					yes			may	may	may		yes			
Risotto Verdura										yes			yes		
Lenticchie Spirali	may				yes	yes									
Mille Colori Pizza	yes - Wheat & Rye				may	may		may		may			yes		
Insalata Giardiniera															
Add Goat's Cheese					yes										
Insalata di Verona	yes - Wheat														
Gluten Free Insalata di Verona															
Insalata Caesar	yes - Wheat				yes	yes	may	may			yes	may	yes		
Gluten Free Insalata Caesar					yes	yes	yes				yes	may	yes		
Add Goat's Cheese					yes										
100% Plant Based Burger with Salad	yes - Wheat				may	may	yes	may				may	yes		
Cannellini Bean Burger with Salad	yes - Wheat				may	may	yes	may				may	yes		
Garlic Mushrooms								may							
Avocado															
Goat's Cheese					yes										
Fresh Green Chilli															
Pizza															
Margherita	yes - Wheat & Rye				yes										
Gluten Free Margherita					yes		yes								
Vegan Margherita	yes - Wheat & Rye														
Gluten Free & Vegan Margherita							yes								
Queen Margherita	yes - Wheat & Rye				yes			yes - Cashew							
Gluten Free Queen Margherita					yes		yes	yes - Cashew							
Campagna	yes - Wheat & Rye				yes			may					yes		
Gluten Free Campagna					yes			may					yes		
Barbecue	yes - Wheat & Rye						yes				yes				
Gluten Free Barbecue							yes				yes				
Vesuvio	yes - Wheat & Rye				may		yes	may	may	may		yes			
Gluten Free Vesuvio					may		yes	may	may	may		yes			
Verdure Pesto Calzone	yes - Wheat & Rye				yes	may		yes - Cashew		may					
Pizza Dipping Sauce															
	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin	

	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Peri Peri					yes									
Barbecue					yes									
Garlic & Herb														
Pizza CYO	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Create Your Own Standard Base	yes - Wheat & Rye													
Create Your Own Roma Base	yes - Wheat & Rye													
Create Your Own Ripiena Base	yes - Wheat & Rye													
Create Your Own Gluten Free Base							yes							
Pizza Sauce								may						
Mozzarella Cheese					yes									
Vegan Cheese														
Roast Peppers														
Red Onion														
Green Chilli														
Olives														
Rocket														
Spinach														
Spring Onion														
Garlic Mushrooms								may						
Bufala Mozzarella					yes									
Goat's Cheese					yes									
Sides	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Coleslaw					yes	yes		may			yes			
Roast Mediterranean Vegetables														
Green Beans					yes									
Mixed Salad													yes	
Crushed New Potatoes with Spring Onions														
Desserts	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Chocolate Brownie	yes - Wheat & Barley				yes	yes	yes							
Tiramisu	yes - Wheat				yes	yes	yes	may						
Strawberry Cheesecake	yes - Wheat & Oats				yes	yes	yes							
Coconut Panna Cotta														
Cookie Dough Al Forno	yes - Wheat				yes		yes	may	may				yes	
Vegan Cookie Dough Al Forno	yes - Wheat				yes		yes	may	may					
Mini Doughnuts	yes - Wheat				yes	yes	yes	may						
Sundaes	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Eton Mess					yes	yes	yes							
Banoffee					yes	yes	yes							
Gelato	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Vanilla					yes									
Strawberry					yes									
Chocolate Chip					yes		yes							
Mint Chocolate Chip					yes		yes							
Honeycomb					yes		yes							
Hazelnut					yes			yes - Hazelnut						
Amarena Cherry					yes									
Bubblegum					yes									
Raspberry					yes									
Tiramisu	yes - Wheat				yes	yes	yes						yes	
Limoncello					yes	yes								
Gelato Toppings	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Dark Chocolate & Marshmallow Sauce					yes	yes	yes							
Strawberry Coulis														
Salted Caramel														
White Chocolate & Marshmallow Sauce					yes	yes	yes							

ALLERGENS - VEGETARIAN MENU

Valid until 8th October 2019

	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide / Sulphites	Lupin
Banana Topping														
Crushed Ice Cream Cone Topping	yes - Wheat						yes							
Rainbow Sprinkles														
Popping Candy	may				yes	may	yes	may	may				may	
Whipped Cream					yes									
Malt Spheres	yes - Barley				yes		yes							

	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin	
While You Wait															
Sicilian Olives															
Gluten Free Flatbread - Garlic & Parsley Butter					yes		yes								
Gluten Free Flatbread - Spicy 'Nduja Sausage & Mozzarella					yes		yes								
Gluten Free Flatbread - Mozzarella with Garlic & Parsley Butter					yes		yes								
Gluten Free Flatbread - Caramelised Onion & Mozzarella					yes		yes						yes		
Gluten Free Flatbread - Pomodoro with Pesto					yes	may	yes	yes - Cashew		may					
Gluten and Dairy Free Flatbread - Spicy 'Nduja Sausage							yes								
Gluten and Dairy Free Flatbread - Caramelised Onion							yes						yes		
Starters															
Gluten Free Gamberi			yes		yes		yes								
Chicken Wings - Sweet & Sour															
Chicken Wings - Peri Peri					yes					yes					
Chicken Wings - Barbecue															
Mozzarella Carozza	may				yes	may	may			yes	may		yes		
Insalata Caprese					yes			yes - Cashew							
Gluten Free Bruschetta							yes	may							
Add Tom Bufala Mozzarella					yes										
Gluten Free Funghi Arrosto					yes		yes	may		yes			yes		
Vegan & Gluten Free Polpetta					may		yes	may	may	may					
Lighter Dishes															
Gamberoni Spirali			yes		yes	yes		may		may					
Lenticchie Spirali	may				yes	yes									
Bolognese Spirali	may				yes	yes	may			yes	may		may		
Pollo Lenticchie	may				yes	yes									
Salads															
Insalata Giardiniera															
Add Grilled Chicken															
Add Oven-Baked Salmon		yes													
Add Goat's Cheese					yes										
Insalata Parma Bufala					yes										
Gluten Free Insalata di Verona					yes										
Add Goat's Cheese					yes										
Gluten Free Insalata Caesar					yes	yes	yes			yes	may		yes		
Add Chicken & Pancetta					yes	yes	yes								
Pasta															
Gluten Free Pomodoro					may	may	may	may		may			may		
Gluten Free Bolognese	may				yes	may	may			yes	may		may		
Vegan & Gluten Free Bolognese	may														
Gluten Free Gamberoni Arrabiata			yes		yes			may		may					
Gluten Free Calabrese					yes			may		may					
Gluten Free Pollo Pesto					yes			yes - Cashew							
Gluten Free & Vegan Pollo Pesto							yes	may							
Gluten Free Marco Polo						yes		may							
Vegan & Gluten Free Marco Polo							yes	may		yes					
Gluten Free Cacio e Pepe					yes			may							
Gluten Free Carbonara					yes	yes							may		
Gluten Free Funghi Crema					yes		yes	may		yes			yes		
Gluten Free Marinara		yes	yes		yes			may		may					
Vegan & Gluten Free Polpetta					may			may	may	may					
Gluten Free Penne Capra					yes			may	may	may		yes			
Risotto															
Risotto Pescatore		yes	yes	yes	yes			may		yes			yes		
Risotto Verdura										yes			yes		
Risotto Pollo Funghi					yes	yes	yes	may		yes			yes		
Meat & Fish															
Pollo Funghi					yes		yes	may		yes			yes		

ALLERGENS - GLUTEN FREE MENU

Valid until 8th October 2019

	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nut	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Salmon Al Forno		yes												
Sea Bream		yes			yes			may		yes			yes	
10oz Sirloin Steak with Salad								may					yes	
Gluten Free 10oz Sirloin Steak with Salad								may					yes	
Creamy Mushroom Sauce					yes		yes	may		yes			yes	
Garlic Butter					yes									
Grilled Chicken with House Salad													yes	
Burgers	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nut	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Gluten Free Black Angus Burger with Salad	may				yes	yes	may			yes	yes		yes	
Burger Toppings	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nut	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Crispy Pancetta					may								may	
Garlic Mushrooms								may						
Avocado														
Goat's Cheese					yes									
Fresh Green Chilli														
Pizza	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nut	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Gluten Free Margherita					yes		yes							
Gluten Free & Vegan Margherita							yes							
Gluten Free & Vegan Margherita Roma							yes							
Gluten Free Queen Margherita					yes		yes	yes - Cashew						
Gluten Free Campagna					yes		yes	may					yes	
Gluten Free Parma Bufala					yes		yes	may						
Gluten Free Diavola Forte					yes		yes	may		may				
Gluten Free Pollo Barbecue					yes									
Gluten Free and Vegan Pollo Barbecue							yes				yes			
Gluten Free Pepperoni Piccante					yes		yes							
Gluten Free Pollo Vesuvio					yes		yes	may	may	may			yes	
Gluten Free and Vegan Pollo Vesuvio					may		yes	may	may	may			yes	
Gluten Free Carne Mista					yes		yes							
Gluten Free Cotto					yes		yes	may						
Gluten Free Gamberoni			yes		yes		yes	may		may				
Gluten Free Funghi Luganica					yes		yes	may		yes			yes	
Pizza Dipping Sauce	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nut	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Peri Peri					yes									
Barbecue														
Garlic & Herb					yes									
Pizza CYO	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nut	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Create Your Own Gluten Free Base							yes							
Pizza Sauce								may						
Mozzarella Cheese					yes									
Vegan Cheese														
Roast Peppers														
Red Onion														
Green Chilli														
Olives														
Rocket														
Spinach														
Spring Onion														
Garlic Mushrooms								may						
Bufala Mozzarella														
Goat's Cheese					yes									
Pepperoni					yes									
Salami														
Ham Cotto														
Pancetta														
Chicken Breast														
Parma Ham														
Luganica Sausage														
Nduja Sausage														

Our allergen menu details information on our ingredients and dishes. Unfortunately, it is not possible for us to guarantee our busy kitchens are 100% allergen/contamination free.

Valid until 8th October 2019

	Cereals containing Gluten	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Sulphur Dioxide/ Sulphites	Lupin
Sides																
Coleslaw						yes	yes		may				yes			
Roast Mediterranean Vegetables																
Green Beans						yes										
Mixed Salad														yes		
Crushed New Potatoes with Spring Onions																
Desserts																
Chocolate Brownie	yes - Wheat & Barley					yes	yes	yes								
Coconut Panna Cotta																
Sundaes																
Gluten Free Rocky Road						yes	yes	yes								
Eton Mess						yes	yes	yes								
Banoffee						yes	yes	yes								
Gelato																
Vanilla						yes										
Strawberry						yes										
Chocolate Chip						yes		yes								
Mint Chocolate Chip						yes		yes								
Honeycomb						yes		yes								
Hazelnut						yes			yes - Hazelnut							
Amarena Cherry						yes										
Bubblegum						yes										
Raspberry						yes										
Limoncello						yes	yes									

Valid until 8th October 2019

	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/Sulphites	Lupin	
Starters															
Sicilian Olives							may	may				may	yes		
Pane Bella	yes - Wheat														
Dairy Free Flatbread - Spicy 'Nduja Sausage	yes - Wheat & Rye														
Dairy Free Flatbread - Caramelised Onion	yes - Wheat & Rye												yes		
Gluten and Dairy Free Flatbread - Spicy 'Nduja Sausage							yes								
Gluten and Dairy Free Flatbread - Caramelised Onion							yes						yes		
Bruschetta	yes - Wheat						may	may				may			
Gluten Free Bruschetta							yes	may							
Vegan Polpette	yes - Wheat					may	may	may	may	may		may			
Vegan & Gluten Free Polpette					may	may	yes	may	may	may					
Chicken Wings - Sweet & Sour															
Chicken Wings - Barbecue															
Calamari	yes - Wheat	may	may	yes	may	yes	yes			yes	may				
Mains															
Pomodoro	yes - Wheat				may	may		may		may					
Gluten Free Pomodoro					may	may		may		may					
Vegan Bolognese	yes - Wheat														
Vegan & Gluten Free Bolognese	may														
Vegan Pollo Pesto	yes - Wheat						yes	may							
Gluten Free & Vegan Pollo Pesto							yes	may							
Macro Polo	yes - Wheat					yes	yes	may							
Gluten Free Marco Polo						yes	yes	may							
Vegan Marco Polo	yes - Wheat					yes	yes	may				yes			
Vegan & Gluten Free Marco Polo						yes	yes	may				yes			
Polpette Americano	yes - Wheat				may			may		may					
Vegan Polpette	yes - Wheat				may		may	may	may	may		may			
Vegan & Gluten Free Polpette					may			may	may	may					
Risotto Verdura										yes			yes		
Lenticchie Spirali	may				yes	yes									
Mille Colori Pizza	yes - Wheat & Rye				may	may		may		may			yes		
Insalata Giardiniera															
Add Grilled Chicken															
Add Oven-Baked Salmon		yes													
Insalata di Verona	yes - Wheat														
Add Chicken & Pancetta															
Gluten Free Insalata di Verona															
Salmone Al Forno		yes													
10oz Sirloin Steak with Fries	yes - Fried in Oil							may							
10oz Sirloin Steak with Salad								may					yes		
Gluten Free 10oz Sirloin Steak with Salad								may					yes		
Black Angus Burger with Fries	yes - Wheat				may	may	yes	may				may			
Black Angus Burger with Salad	yes - Wheat				may	may	yes	may				may			
Gluten Free Black Angus Burger with Salad	may					yes	may								
100% Plant Based Burger with Salad	yes - Wheat				may	may	yes	may				may	yes		
Cannellini Bean Burger with Salad	yes - Wheat				may	may	yes	may				may	yes		
Crispy Pancetta					may								may		
Garlic Mushrooms								may							
Avocado															
Fresh Green Chilli															
Grilled Chicken with Fries	yes - Fried in Oil														
Grilled Chicken with House Salad													yes		
Half Chicken with Barbecue Sauce	yes - Wheat														
Half Chicken with Sweet and Sour Sauce	yes - Wheat														
Rack of Ribs with Barbecue Sauce	yes - Wheat														
Rack of Ribs with Sweet and Sour Sauce	yes - Wheat														
Ribs and Chicken with Barbecue Sauce	yes - Wheat														
Ribs and Chicken with Sweet and Sour Sauce	yes - Wheat														
Dairy Free Margherita	yes - Wheat & Rye														
Dairy Free & Gluten Free Margherita							yes								
Dairy Free Diavola Forte	yes - Wheat & Rye							may		may					
Dairy Free & Gluten Free Diavola Forte							yes	may		may					
Dairy Free Pollo Barbecue	yes - Wheat & Rye														
Vegan Pollo Barbecue	yes - Wheat & Rye											yes			
Gluten Free and Vegan Pollo Barbecue							yes				yes				
Dairy Free Pepperoni Piccante	yes - Wheat & Rye														
Dairy Free & Gluten Free Pepperoni Piccante							yes								
Pollo Vesuvio	yes - Wheat & Rye							may	may	may			yes		
Gluten Free Pollo Vesuvio							yes	may	may	may			yes		
Vegan Pollo Vesuvio	yes - Wheat & Rye				may		yes	may	may	may			yes		
Gluten Free and Vegan Pollo Vesuvio					may		yes	may	may	may			yes		
Dairy Free Carne Mista	yes - Wheat & Rye														
Dairy Free & Gluten Free Carne Mista							yes								
Dairy Free Cotto	yes - Wheat & Rye							may							
Dairy Free & Gluten Free Cotto							yes	may							
Pizza Dipping Sauce															
Barbecue															

Our allergen menu details information on our ingredients and dishes.

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ALLERGENS - DAIRY FREE MENU

Valid until 8th October 2019

	Cereals containing Gluten	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide/ Sulphites	Lupin
Pizza CYO															
Create Your Own Standard Base	yes - Wheat & Rye														
Create Your Own Roma Base	yes - Wheat & Rye														
Create Your Own Ripiena Base	yes - Wheat & Rye														
Create Your Own Gluten Free Base								yes							
Pizza Sauce									may						
Vegan Cheese															
Roast Peppers															
Red Onion															
Green Chilli															
Olives															
Rocket															
Spinach															
Spring Onion															
Garlic Mushrooms									may						
Pepperoni															
Salami															
Ham Cotto															
Pancetta															
Chicken Breast															
Parma Ham															
Luganica Sausage															
Nduja Sausage															
Sides															
Roast Mediterranean Vegetables															
Sweet Potato Fries	yes - Fried in Oil														
Fries	yes - Fried in Oil														
Coleslaw							yes		may			yes			
Mixed Salad														yes	
Onion Rings	yes - Wheat		yes									yes		yes	
Crushed New Potatoes with Spring Onions															
Desserts															
Coconut Panna Cotta															
Vegan Cookie Dough Al Forno	yes - Wheat							yes	may	may					
Gelato															
Raspberry															